



# Banff Springs

the hotel



## Please help yourself to the Continental breakfast selection available at the buffet.....

Fruit Juices

Selection of breakfast cereals:

Kellogg's Frostie's / Kellogg's Cornflakes /  
Kellogg's Rice Crispies / Muesli /  
Weetabix / Bran Flakes

Selection of pastries, croissants, muffins,  
brown and white rolls  
from the Bakers basket

Selection of yoghurts

Selection of fruit segments

Cold meat and cheese selection

Freshly Brewed Tea/ Coffee/ Hot Chocolate

Warm Toast

## Cooked Selection

### Porridge

Traditional Scott's Porridge Oats

### Traditional Scottish Breakfast

Choice of:

Grilled Bacon, Egg to your liking,  
Sausage, Black Pudding, Potato Scone,  
Sautéed Mushrooms, Baked Beans and  
Tomatoes.

Vegetarian option also available

### Grilled Loch Fyne Kippers

served with Lemon

### Omelette

2 Egg Omelette

with your choice of filling:

Ham, Cheese, Tomato or Mushroom

Freshly Brewed Tea/ Coffee/ Hot Chocolate

Warm Toast

- Some dishes may contain nuts or nut derivatives
- If you have any special dietary requirements please speak to your server.
- None of our products contain genetically modified ingredients as defined by EC legislation