



DECLÉOR TREATMENT MENU

FACE

ULTIMATE VITAMIN GLOW Power-packed with vitamins and anti-oxidants, this award winning facial melts away stress. Combines a rebalancing Essential Oil elixir plus warm, decongesting mask for skin that's purified, perfectly replenished and glowing.	£55
MOISTURE QUENCH This super-hydrating facial quenches the thirstiest skin. Includes gentle exfoliation to smooth then a nutrient-rich mask to intensively rehydrate for skin that's supple and cashmere soft.	260
AROME LISSE FACIAL Perfect daily defence for the skin to slow appearance of the signs of ageing. Using hyaluronic acid and mandarin serum and balm, the skin is deeply regenerated and immediately smoothed and wrinkles are reduced.	062
VITAL EYES Put the sparkle back! Featuring repairing and intensively hydrating eye masks, this targeted treatment fights fatigue, quenches moisture loss and helps erase wrinkles for a sparkling, rested eye zone.	£25
BODY	
AROMATHERAPY BODY MASSAGE Relax, detoxify, tone or stimulate with one of these tension-releasing, holistic treatments. Stresses and strains blissfully melt away and skin all over is left revitalised and velvety.	£45
DEEP TISSUE MUSCLE ENERGISER MASSAGE Pure therapeutic relaxation to alleviate stress deep down and release the discomfort of aching muscles. 100% natural Essential Oil Balms enhance the experience, leaving your mind calmer and muscles intensely soothed.	250
AROMA BODY SILK GLISTENER Radiant, bright and petal soft - your skin will glisten with health and vitality after this natural exfoliation treatment.	£40
RADIANT MUM 2 BE Relax while your highly trained therapist safely and gently treats your tummy, legs and face to a truly nurturing experience that helps reduce the risk of stretch marks, relieves 'heavy' legs and brightens skin. Suitable for pregnancies over 12 weeks.	£45
PEPPER & GRAPEFRUIT SLIM EFFECT Rebalancing and results focused, this invigorating detoxifying wrap attacks cellulite and remineralises skin. Leaves mind and body recharged and in better shape.	£45

SOFT HANDS Nurture hard-working hands with an indulgent blend of skin smoothers and softeners. Dry, damaged skin is repaired and weak or brittle nails strengthened; a hand and arm massage blissfully relaxes too.	£22	
SOFT FEET Treat sore and aching feet to a restorative purifying exfoliation, deeply relaxing massage and nourishing mask to banish dry, cracked heels and even improve the look of calluses leaving skin smoother and brighter.	£22	
MEN		
MEN'S INTENSIVE ENERGISING FACE TREATMENT Our fatigue-fighting, anti-ageing treatment reduces shaving bumps and irritation whilst re-invigorating skin. Skin is soothed, moisturised and looks re-invigorated, with reduced beard growth.	£45	
MEN'S INTENSIVE ENERGISING BODY TREATMENT Dramatically reducing tension and boosting energy levels, this deeply revitalising treatment includes a powerful therapeutic massage to blast away muscular - and mental - aches and pains. Leaves mind and body ready to go again.	£45	
MEN'S DEEP TISSUE BACK AND SHOULDER MASSAGE Highly targeted treatment focussing solely on releasing tension in back and shoulders with a powerful deep tissue massage. Intensely de-stressing to actively revitalise mind and body.	£35	

SPA PACKAGES

LUXURY PAMPER DAY

£120.00

Aromatherapy body massage, Decléor vitamin glow facial, Jessica deluxe manicure

TREAT ME PAMPER DAY

£85.00

Select two of the following - Decléor vitamin glow facial, Aromatherapy body massage, Jessica deluxe manicure or Jessica deluxe pedicure

INDULGENCE PAMPER DAY

£75.00

Deluxe Jessica manicure PLUS Decléor express facial or Decléor soft feet

MUM TO BE PAMPER DAY

£55.00

Decléor mum to be treatment

SIGNATURE PAMPER DAY

£55.00

Select two of the following - Back, Neck and Shoulder massage, Decléor discovery facial, Jessica express manicure, Jessica express pedicure or scalp massage

MORNING BOOSTER

£39.00

Select one of the following - Back, Neck and Shoulder massage, Decléor discovery facial, Jessica express manicure, Jessica express pedicure or scalp massage

All prices include lunch, robes, slippers and use of the facilities.

All spa packages incur a £5.00 surcharge for weekends.

REPLENISH WITH A MANICURE OR PEDICURE Jessica Deluxe Pedicure Jessica Deluxe Manicure Gel Overlay Pedicure Gel Overlay Manicure Express Pedicure Express Manicure Express Manicure RE-INVENT YOUR LOOK	£28 £26 £30 £28 £26 £25
Trial and Wedding Day Make-up Special Occasion Make-up	£90 £35
FINISHING TOUCHES	200
Eye Package	£22
Eye Brow and Lash Tint	\$16
Eyelash Tint	£12
Eye Brow Shape	210
Eye Brow Tint or Wax	£10
REFRESH WITH A MASSAGE Hot Stones Full Body	£55
Hot Stones Back, Neck and Shoulders	£35
Tranqulity Back Massage	£30
THE SMOOTH TOUCH	
Full Leg Wax	£20
Half Leg Wax	216
Add Bikini for £3	£3
Chest / Back Wax	£17 / £17
Chest and Back Wax Bikini Wax	£25 £11
Upper Lip or Chin Wax	£7/£7
Upper Lip and Chin Wax	£10
Underarm Wax	210
ALL YEAR GLOW	
Sienna X Full Body Spray	£19
Sienna X Half Body	£14

THE STIRLING HIGHLAND HOTEL

STIRLINGSHIRE

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Terms & Conditions: The minimum age for all treatments is 16. All Decléor treatments are 25 or 55 minutes. Patch test required 24 hours before any tint treatments. All treatments require pre-payment. All spa days are 50% deposit & full payment 7 days prior. Cancellation policy of 72 hours for Spa Days or Group Bookings and 48 hours for Individual Treatment Bookings or full amount will be payable. Please arrive 20 minutes before booked treatment time. Treatments which start late will be cut short to avoid causing inconvenience for other guests.