

your choice

Lunch
12 noon - 2.30pm

Dinner
Sunday - Thursday
6pm - 9pm

Friday - Saturday
6pm - 9.30pm

preamble

Locally baked Bread
£2.95

Mediterranean Mix, Green and Black Olives
£2.95

Locally baked Bread with a selection of Mixed Olives
£4.95

beginning

Homemade Soup of the Day
Served with chunky Granary Bread
£5.25

Pan Fried Ham Hock and Wild Mushrooms
Served with Piccalilli and dressed Leaves
£6.25

Feta and Sun Blushed Tomato Salad
Served with Olives and a Balsamic Syrup
£5.95

main event

8oz Dedham Vale Burger
8oz Burger with Emmental Cheese served with Maris Piper Chips, Tiptree Ketchup, Rocket and Onion Salad
£11.95
£14.95 (served with Smoked Bacon)

Beer Battered Cod
Crisp Battered Cod, Maris Piper Chips, buttered Peas and Tartar Sauce
£13.25

Suffolk Chicken and Pancetta Caesar Salad
With White Anchovies and freshly grated Parmesan (Caesar Dressing contains Anchovies)
£12.00

Risotto of the Week
(See Board)
£11.25

Authentic Regional Curry
Served with traditional Accompaniments (See Board)
£13.95

little extras

New Potatoes or Maris Piper Chunky Chips

Buttered Cabbage

Steamed Greens

Mixed Leaf Salad

£2.50 each

lifehouse
spa & hotel



the finale

Chocolate Brownie
Served with Chocolate Sauce and Vanilla Ice Cream
£6.50

Scone with Clotted Cream
And Tiptree Strawberry Jam
£5.50

A selection of Homemade Sorbets and Ice Creams
£4.95

cheeses

A Selection of British and Continental Artisan Cheeses served with Grapes, Celery and Biscuits
£7.25

liqueur coffees

Calypso Coffee (Tia Maria)
Irish Coffee (Irish Whiskey)
Caribbean Coffee (Dark Rum)
French Coffee (Brandy)

£5.50 each

Espresso Martini (Vodka & Tia Maria)
£8.90