



## History of Afternoon Tea

Tea consumption increased dramatically during the early nineteenth century and in 1840 Anna, the seventh Duchess of Bedford is said to have complained of "having that sinking feeling" during the late afternoon. At the time it was usual for people to take only two meals a day, breakfast, and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot a tea and a light snack, taken privately in her boudoir during the afternoon.

Later friends were invited to join her in her rooms at Woburn Abbey and the Duchess continued it when she returned to London as this was proven popular. Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room. Before long all of fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.

Many visitors from overseas still imagine that we are a nation where, in the words of the well-known song, 'at half past three, everything stops for tea'. Sadly these days Afternoon Tea is usually only an occasional luxury for the British; a birthday treat in a country house hotel, or a welcome break from a hectic days shopping 'in town'. Luckily, visitors are still able to indulge in a little bit of British tradition for themselves.

So sit back, relax and enjoy afternoon tea at Meldrum.....



## Afternoon Tea Menu

**Tea, Coffee and Home baked scone**  
served with fresh cream and jam  
£6.50

### Traditional Afternoon Tea

Selection of finger sandwiches  
on white and granary bread

Home baked scones  
with fresh cream and jam

Selection of sweet and savoury treats

Tea or Coffee

£18.50

### Hendricks 'G&T' afternoon tea

£24.00

### With a glass of prosecco

£26.00

### Cosmo cocktail afternoon tea

£26.50

### With a glass Of Laurent Perrier Champagne

£28.00

Some of our dishes may contain allergens, please ask us for further details.



**Hot beverages**

Freshly ground Columbian coffee  
£3.50

Cappuccino, Espresso, Latte  
£3.75

Fairtrade earl grey  
Fairtrade green tea  
Chamomile  
Apple and cranberry  
Peppermint  
£3.50

Chocolate abyss organic, fair-trade hot  
chocolate  
£3.75

*Afternoon Tea  
Menu*